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Fall Protection Equipment Manufacturer

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Instructions for Model MLAS306000 Adjustable Work Positioning Lanyard

WARNING

This product is part of a positioning system only.

Failure of the user to read and understand all instructions for use of this equipment may result in serious injury or death.

It is recommended that the user complete an approved fall protection program before using the product.

There should be an approved rescue plan in effect on any work site prior to the commencement of working at heights. The rescue plan must have provision to retrieve any worker suspended as a result of a fall arrest, without delay in order to reduce the effects of suspension trauma.

General Instructions

All warning labels and instructions must be understood and followed by the user before using the product.

All users must understand the relevant regulations and usage standards for fall protection, pertaining to this product, in the jurisdiction in which it is being used.

Only trained and competent personnel should use these products.

All fall protection equipment must be visually inspected by the worker prior to each use.

All fall protection equipment must be inspected by a competent person on a regular basis (at least annually).

Fall protection equipment must not be altered or modified in any way.

To reduce the possibility of accidental release, a competent person must ensure that all the system components are compatible.

Any equipment exhibiting deterioration, damage or deformation must be removed from service immediately and inspected by a competent person before being returned to service.

All equipment subjected to a fall arrest or fall incident must be removed from service immediately and be tagged for further inspection to determine the disposition of the equipment.

Usage Instructions

Failure to follow these instructions could result in catastrophic failure of the lanyard in the event of a fall arrest situation.

In the event of a fall arrest the suspended worker should be rescued without delay in order to minimize the effects of suspension trauma.

The system is designed for a maximum capacity of one person or 160 kg (352 lb) when the lanyard is attached to a suitable anchor.

The lanyard is for work positioning only, if there is a possibility of a fall arrest event the worker must also be attached to a approved fall arrest system suitable for the application.

Operation.

The full body harness should be adjusted and fitted in accordance with the instructions supplied with the harness.

If there is a possibility of a fall an approved lifeline or lanyard should be connected to the fall arrest "D" on the harness and a suitable anchor point. The anchor chosen must have a rating of 22.2 kN (5,000 lb).

To use the positioning lanyard, the snap hook attached directly to one end of the rope is connected to the positioning "D" on the harness. The locking of the gate on the snap hook on the D-ring should be confirmed.

The free end of the rope is passed around the positioning anchor and the sliding rope adjuster moved to the desired position by squeezing it as indicated on the device. Once released it will automatically lock to the rope. Attach the snap hook on the rope adjuster to the positioning "D" on the harness.

Once the worker has confirmation of the connection to the full body harness and that the gate on the snap hook has closed and locked correctly, the system is ready for use.

Care and maintenance

The Rope Adjuster should be inspected by the user before each use to ensure that the locking cam does not malfunction; the device should be inspected by a competent person on an annual basis.

If the inspection reveals that the device is not locking onto the lifeline or if it exhibits any deformation it must be removed from service immediately until it can be repaired or replaced.

The presence of any of the following conditions require that the device be removed from service until it can be inspected by a competent person:

- 1) If it has been subjected to a fall arrest.
- 2) If there is any evidence of deterioration or damage, such as cracks, burrs, corrosion, or excessive wear.
- 3) Alteration of the device in any way.

When not in use the positioning lanyard should be stored in a cool dry place and if the device is wet it should be dried and lightly oiled to prevent corrosion and ensure correct operation. Any excess oil should be removed before use.

The rope should be inspected along its full length to ascertain if there is any damage or deterioration of the rope. The rope should be removed from service if the presence of any cut strands or deformation of the rope is noted.

The lanyard should not be returned to service until a competent person can inspect the lanyard.

WARNINGS

Always check the area below the worksite for potential hazards.

The total fall distance calculations must allow for the deployment of an energy absorber if one is included in the system.

In the event of a fall and the worker is suspended the worker must be rescued without delay to reduce the possibility of suspension trauma.

Any system that has arrested a fall must be removed from service immediately and must be inspected by a competent person to determine its disposition.

All users must read and understand these instructions before using the system; failure to do so could result in serious injury or death.

Fall Protection You Can Live With! ®

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